



## Proverbs 6: Sexual Purity

*Gathering all generations  
to pray for all nations  
ASKing God to do what only He can do  
and doing whatever He ASKs of us.*

*Biblical Meditation shows us how to  
maintain Sexual Purity & Holiness*

**If you have not already worked through the Basic Lessons, also found under Teaching Resources, it is recommended you do so, in order to get the most out of this and the other teaching lessons.**

### **ASKing for the Church to pray God's heart for the Unsaved.**

**Suggestion:** Read the lesson first, then meditate on the Scriptures, applying them to your own life or to those you are praying for. Respond to each scripture to see your life protected and changed. **Group:** Share briefly, pray with each other, adding on to each prayer until it is finished. Then go on to the next. Pray through everything that is received in meditation.

**The consequences** of sexual immorality for a young person, a man or a woman can be for a lifetime. You can have a sexual disease and not know it unless you are tested. You can become infertile, i.e. unable to have a child of your own, contract a sexual disease as STD, a sexually transmitted disease, have reoccurring genital sores or even die from HPVs. human papillomavirus that can lead to cancer and disease.

This is why God says to keep sex within marriage. The Bible has much to say much about the consequences of an immoral person and their lifestyle.

The following Scriptures name the female as the immoral party, but read it for both sexes. **Proverbs 6:23-24** **“For the commandment is a lamp, and the law a light; reproofs of instruction are the way of life to keep you from the evil woman (man), from the flattering tongue of a seductress or a predator.”** The Word says it will help you avoid immorality. When you read the word **law** in Proverbs, it refers to the Word of God. A reproof is a correction to keep you on the right path of life. A **reproof** can also be a rebuke. ASK for these reproofs from the Holy Spirit.

### **Proverbs 1:23 offers a blessing,**

**“Turn at My rebuke; surely I will pour out My Spirit on you; I will make My words known to you.”** Take God at His Word. Part of meditation is to respond to the Word as if God is speaking to you and looking at you for your response. As you respond to God's Word, this implanted word will seed itself in your heart and the enemy will not be able to come and steal it instantly as he could if you did not respond to it as James says.

### **James 1:2-15**

**Doers — Not Hearer's Only** — **“Therefore lay aside all filthiness and overflow of wickedness, and receive with meekness the implanted word which is able to save your souls. Save** here is sozo, salvation. When you are reborn, your soul is not saved and that is why there is a struggle in your flesh not wanting to submit. This Word of God is implanted, an **engrafted word** in the KJV supernaturally **able** to **save** your soul.

**v22-25 “But be doers of the Word, and not hearers only, deceiving yourselves. <sup>v23</sup> For if anyone is a hearer of the word and not a doer, he is like a man observing his natural face in a mirror; <sup>v24</sup> for he observes himself, goes away and immediately forgets what kind of man he was, <sup>v25</sup> But he who looks into the perfect law of liberty and continues in it, and is not a forgetful hearer but a doer of the work, this one will be blessed in what he does.”**

**There is a full teaching on the Response in the Basic Lessons on Biblical Meditation at [ASKnetwork.net](http://ASKnetwork.net)**

**Proverbs 6:25 cont. “Do not lust after her beauty in your heart, nor let her allure you with her eyelids.”**

Guard your thought, imaginations. Jesus said your thoughts could be the same as committing the act. Wrong thoughts unchecked will grow until they dominate your mind and could open a door for the devil to lead you into immorality.

**Make a covenant with your eyes like Job did.**

**Job 31:1 “I have made a covenant with my eyes; why then should I look upon a young woman?”**

**ASK** the Holy Spirit to put a check on your looking; He will.

**Practice bringing every thought into captivity** to Jesus through the Word, 2Corinthians 10:5. Do this literally. Say, “This is not my thought, I do not own it, I do not allow it.” If it persists, do it again.

**Proverbs 6:26-28 cont. “For by means of a harlot a man is reduced to a crust of bread; and an adulteress will prey upon his precious life. <sup>v27</sup> Can a man take fire to his bosom, and his clothes not be burned.**

**<sup>v28</sup> Can one walk on hot coals and his feet not be seared.”** This is talking about the surety of consequences. You will sow what you reap, Galatians 6:7. This should bring some measure of the fear of the Lord. **ASK specifically for the fear of the Lord.** Psalm 19:9, 11, Proverbs 1:7, Psalm 111:10.

**6:29 cont, “So is he who goes in to his neighbor’s wife; whoever touches her shall not be innocent.”**

**<sup>v30</sup> People do not despise a thief if he steals to satisfy himself when he is starving. <sup>v31</sup> Yet when he is found, he must restore sevenfold; He may have to give up all the substance of his house.”** An adulterer is a thief.

**v32-33 “Whoever commits adultery with a woman lacks understanding: He who does so destroys his own soul. Wounds and dishonor he will get, and his reproach will not be wiped away.”**

**v34-35 “For jealousy is a husband’s fury; therefore, he will not spare in the day of vengeance. He will accept no recompense, nor will he be appeased though you give many gifts.”** Adultery will mark you as one with a lack of character, be a wound and dishonor your name. This sin destroys trust, families, life itself.

**God’s advice —**

**Psalm 119:9,11 “How does a young man cleanse his way? By taking heed according to Your Word. Your Word I have hidden in my heart that I might not sin against You.”** The word will set boundaries to help you maintain sexual purity. **Heart** here is part of the soul where your core values are guarded.

**Proverbs 6:20-21, “My son, keep your father’s command, and do not forsake the law of your mother. Bind them continually upon your heart; tie them around your neck.”** **Command and law** refer to God’s Word bound regularly to your heart by meditation and agreement prayer, the response. The Jews literally tied religious articles on their bodies as reminders to keep the law and if these were ritualist outward signs only they did not affect the heart.

You can bind God's Words to yourself spiritually and it will change your heart. Bind the Word to your heart implies to make it part of your soul, i.e. your thinking, feelings and actions by agreeing with it and receiving it as in James 1:21. This word of God will grow to fulfillment and will protect you as it alerts you, warns you of sexual temptation and strengthens you to overcome it.

### **The blessing of God's Word as it becomes part of your soul; mind, emotions and will –**

**v22<sup>cont</sup>, "When you roam they will lead you; when you sleep they will keep you; and when you awake they will speak with you."**

- **Roam** — God's Word will lead, guide you, caution you where to go and where not to go.
- **Sleep** — God's Word will keep you safe, protect you, can even alert you to danger in dreams.
- **Awake** — God's Word will speak with you, **Speak** here is a word for meditation. As you ponder the Word, speak the Word to yourself and to God, He speaks through your thoughts and impressions.

**God's Word leads you, keeps you and speaks to you.** God Word speaking to you comes through dialogue with God, the habit of speaking to God through the Word as you ask for insight and understanding. Dialogue initiates fellowship with God where He can speak to you. **Dialogue** is dia=through, logue=word, speaking through the Word. This kind of dialogue with God strengthens your relationship with Him.

**Confession of the Word is a biblical principle.** In the New Testament, the word for confession is homologeo; homo = same, logeo = word, meaning saying the same word God said. Use confession of the Word as part of your meditation. Saying, "It is written" and speaking it out reminds you that this is God's Word, He spoke it and it still stand true in His power and authority. It sets boundaries as Jesus used it to silence the enemy's attacks in the Luke 4 temptations before He started His public ministry.

Confessing the Word gives understanding and also helps you learn the Word making it readily available as a sword for Holy Spirit promptings. Confess the Word, use it for encouragement, praise, prayer or to deal with the enemy.

A blessing of meditation is that your thinking and behavior will be changed by the Word as it is received becomes part of your soul; mind, emotions and will. Your soul will be in agreement with God's Word and not struggle against your spirit for control. You will be able to grow spiritually and not be controlled by lust. As your mind, emotions and will are changed, your thoughts, feelings will line up with God Word and your walk with God's Spirit will grow.

**Galatians 5:16 says as you walk in the Spirit, you will not fulfill the lust of the flesh.**

**Response:** Meditate, ASK God for these blessings, making the Word part of you. Initiate fellowship with God through the Word. Learn to confess the Word, James 1:21.

Make sure you understand God's blessing in forgiveness of sin.

**1 John 1:9 "If we confess our sins, God is faithful and just to forgive us our sins and cleanse us from all unrighteousness."** God puts His character on display here. Because of His faithfulness, He both forgives and cleanses us, and because His justice was satisfied on the cross, there is nothing you can add to gain His forgiveness. Jesus said the work of redemption was finished on the cross.

**Prayer target:** Pray for sexual purity in the Church, pray that meditation on God's Word is a priority. ASK this for the Church, the Body of believers worldwide and you will be blessed as well as part of the Church.

**1 Corinthians 12:7 says you are the Body of Christ, and members individually.**